

CSHS SEA BREEZE CANTEEN

FULL MENU

BREAKFAST

Fresh Seasonal Fruit Cup	\$2.00	Ham & Cheese Toasted Sandwich	\$4.00
Muesli & Coconut Yoghurt Cup with Berries	\$4.00	Hashbrown	\$1.50
English Muffin	\$4.00	Breakfast Quesadilla	\$4.00
<i>Bacon, Egg, Cheese, Tomato Sauce</i>		<i>Bacon, Scrambled Egg, Cheese, BBQ Sauce</i>	
Mini Pancakes with Maple Syrup	\$2.00	Croissant – Ham & Cheese/Tomato & Cheese	\$4.50

SALADS

Chicken Caesar Salad	\$7.50
<i>Chicken, bacon, parmesan, egg, croutons, caesar dressing</i>	
Garden Salad with Italian Dressing	\$5.50
<i>Lettuce, tomato, carrot, cucumber, grated cheese</i>	
Garden Salad with a protein	\$6.50
<i>Choose from Ham/Chicken/Egg/Tuna</i>	
Sushi Bowl – Chicken or Tuna	\$6.00
<i>White Rice, Lettuce, Cucumber, Avocado, Aioli, Sweet Soy Sauce</i>	
Falafel Bowl (V)(GF)	\$6.50
<i>Brown rice, quinoa, baby spinach, falafel, carrot, cucumber, sundried tomatoes, beetroot, hummus</i>	
Poke Bowl (Teriyaki Chicken or Avocado)	\$6.50
<i>Brown Rice, quinoa, edamame, wakame, carrot, cabbage, black sesame seeds, Japanese dressing & aioli</i>	

HOT SAVOURIES

Potato Wedges (V)	\$4.50
Chicken Goujons	\$4.50
Spinach & Cheese Roll (V)	\$4.80
Beef Sausage Roll	\$4.50
Beef Pie	\$5.00
Beef, Bacon & Cheese Pie	\$5.30
Pesto Pasta (V)	\$5.50
Croissant – Ham/Cheese or Tomato/Cheese	\$4.50
6" Pizza with Cheese	\$4.50
BBQ Chicken & Bacon	\$5.50
Ham & Pineapple	\$5.50
Pepperoni	\$5.50
Add \$1.00 Gluten Free Pizza (2 slices)	
Gluten Free Chicken Nuggets (5)	\$5.50
Vegetarian Bean Nachos (GF)(V)	\$6.00
<i>Tortilla chips, bean and tomato mix, cheese</i>	

COLD DRINKS

Water 600ml	\$2.00
Up & Go	\$3.00
Pump Water 750ml	\$4.00
Fruit Juice 400ml	\$4.00
Glee Sparkling Juice	\$3.00
Waterford's Flavoured Mineral Water	\$4.00
Powerade	\$4.50
Lipton Iced Tea	\$4.20
Breaka Flavoured Milk 300 ml	\$3.00
Oak Flavoured Milk 600 ml	\$4.50
Ice Break Coffee 500ml - No Sugar	\$4.50

WRAPS & SANDWICHES & ROLLS

Salad Wrap	\$5.50
<i>Lettuce, tomato, cucumber, carrot, cheese & mayo</i>	
Salad Wrap with Chicken/Ham/Tuna or Egg	\$6.00
CCC Wrap – Crispy Chilli Chicken & Salad	\$6.00
Chicken Caesar Salad Wrap	\$6.50
Falafel Wrap (V)	\$6.00
Salad Roll	\$5.50
<i>Lettuce, tomato, cucumber, carrot, cheese & mayo</i>	
Salad Roll with Chicken or Ham	\$6.00
Assorted Sandwiches	From \$4.00
<i>Fresh or Toasted</i>	
Add \$1.00 Gluten Free Bread	
Gourmet Turkish Rolls	From \$6.00
<i>Fresh or toasted</i>	

BURGERS

Cheeseburger	\$5.00
<i>Beef patty, cheese & tomato sauce</i>	
BBC Burger	\$6.00
<i>Beef patty, bacon, cheese & bbq sauce</i>	
Beef Burger Deluxe	\$8.00
<i>Patty, bacon, cheese, lettuce, tomato, onion, pineapple, bbq sce</i>	
Chicken Burger	\$6.50
<i>Crumbed chicken, lettuce, cheese & mayo</i>	
Hawaiian Chicken Burger	\$8.00
<i>Crumbed chicken, bacon, lettuce, cheese, pineapple & mayo</i>	
Veggie Burger	\$7.00
<i>Veggie patty, lettuce, tomato & hummus</i>	

SNACKS

2 Minute Noodles (Chicken/Beef)	\$3.50
Red Rock Deli Chips	\$2.00
Popcorn	\$1.00
Cheesy Garlic Bread (2nd break only)(V)	\$1.50
Snack Packs	From \$3.00
Assorted Cakes	From \$2.50
Homemade Cupcake	\$1.50
Cookie	\$2.00

FROZEN TREATS

Maxibon	\$4.50
Milo Cup	\$4.00
Frozen Pineapple Hoops	\$0.50
Dixie Cups	\$2.00
Icy Swing	\$3.00
Bulla Frozen Yoghurt	\$3.00



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DAILY SPECIALS	
MONDAY	
Penne Pasta Amatriciana	\$6.50
<i>Penne pasta tossed in a tomato, bacon and chilli (mild) sauce, topped with cheese</i>	
TUESDAY	
Fried Rice with Honey Chicken	\$6.50
<i>Fried rice with egg, ham, vegetables, and honey chicken</i>	
WEDNESDAY	
Mexican Beef & Bean Nachos (gf)	\$6.50
<i>Tortilla chips topped with a mexican beef and bean mix, and cheese</i>	
THURSDAY	
Butter Chicken (gf)	\$6.50
<i>Shredded chicken in a mild butter chicken sauce with vegetables served with rice</i>	
FRIDAY	
Changes Weekly	\$6.50

HOT DRINKS		
	8oz	12oz
Cappuccino, Flat White, Latte	\$4.00	\$4.50
Long Black	\$3.50	\$4.00
Short Black	\$3.50	
Hot Chocolate	\$4.00	\$4.50
Chai Latte	\$4.00	\$4.50
Tea		\$3.50
<i>Black, Peppermint, Lemon & Ginger, Green</i>		
EXTRAS		\$0.50
Alternate Milks – Soy, Almond, Oat, Lactose Free		
Extra Shot		
Mocha		
BYO cup SAVE 50c		

While we offer Gluten Free options, we are not a Gluten Free Kitchen. Cross contamination could occur, we are unable to guarantee that any items will be completely free of gluten.

ORDERING

Students are encouraged to pre order before school at the Canteen or online to avoid the queues at both break times.

ONLINE ORDERING

<https://tuckshop.schoolshoponline.net.au>

FORGOT TO PACK A LUNCH?

IF YOU SET UP AN EWALLET AT

<https://tuckshop.schoolshoponline.net.au>

YOU CAN PURCHASE ITEMS OVER THE COUNTER USING FUNDS ON YOUR EWALLET ACCOUNT

TOP UP YOUR EWALLET ACCOUNT WITH A CREDIT CARD FOR ACCESS TO FUNDS STRAIGHT AWAY